

## GHRELIN ANTAGONISTS

### CROSS-REFERENCE TO RELATED APPLICATIONS

This application claims the benefit of provisional application serial no. 60/220,178 filed July 13, 2000.

### TECHNICAL FIELD

The invention relates to new growth hormone antagonists that can be administered to mammals to decrease the level of circulating growth hormone therein.

### BACKGROUND

Ghrelin is a name for a family of related peptides of 27 or 28 amino acids which have been isolated in the stomach (M. Kojima et al., Nature, 402, 656-660, 1999; H. Hosoda et al., J. Biol. Chem., May 8, 2000) by a distinct cell type in rats and humans. It is further characterized by having an essential octanoyl ester attached to a serine residue. Ghrelin is known to be potent releasers of growth hormone (GH) in animals and man.

Synthetic variations of these peptides were investigated to determine whether improvements can be made on them, and the present invention results from that investigation.

### SUMMARY OF THE INVENTION

 It has surprisingly been found that novel peptides of the general formula:

Gly-Ser-Ser(Octanoyl)-Phe-A

where A is -OH, NH<sub>2</sub>, Leu-Ser-Pro-Glu-X or -Ala-Lys-Leu-Gln-Pro-Arg-B

where B is -OH or NH<sub>2</sub> decrease, rather than increase the level of circulating

GH in mammals, presumably because these peptides antagonize the effect of the

ghrelins. For this reason, these peptides are of value in normalizing or reducing

~~elevated levels of growth hormone such as those found in acromegalic patients or in other tumor-related overproduction GH.~~

## DETAILED DESCRIPTION OF THE INVENTION

The instant peptides can be prepared by a number of synthetic methods such as exemplified in "Chemical Approaches to the Synthesis of Peptides and Proteins" by P. Lloyd-Williams et al., CRC Press, New York 1997, and similar works well known to peptide chemists.

These peptides are administered in aqueous solutions subcutaneously at doses of about 1 to 10mg/kg of body weight by bolus injection or by slow parenteral infusions. Also, these peptides may be administered intranasally or intrapulmonary or via a sustained release formulation that includes a biodegradable polymer incorporating the peptide, or by other means well known to those of ordinary skill in the art, such as implantable osmotic pumps and the like.

## EXAMPLES

The following examples illustrate the effectiveness of these novel peptides.

### Example 1

~~By solid phase synthesis the following peptide was prepared:~~

~~Gly-Ser-Ser(Octanoyl)-Phe-Leu-Ser-Pro-Glu~~

Theoretical MW: 948.9 Found 948.9

Solubility in water: 0.7mg/ml

Purity by HPLC analysis: 97.8%

The peptide was injected subcutaneously in 10-day old rats at a dose of 300mg/kg along with a solvent control and Ghrelin, and the circulating GH determined at 15 minutes, as described in R. Deghenghi et al., Life Sciences 54, 1321-1328 (1994). The results were as follows:

<u>Compounds</u>	<u>GH ng/ml</u>
Solvent control	10.11 $\pm$ 1.6
Ghrelin (human)	139.80 $\pm$ 15.37
Peptide of Example 1	1.40 $\pm$ 0.32

This demonstrates that the present peptide antagonizes the effect of the ghrelins by reducing GH release to a level that is almost nil and much lower than the solvent control.

#### Example 2

By the same method of Example 1, the following tetradecapeptide was prepared:

Gly-Ser-Ser(Octanoyl)-Phe-Leu-Ser-Pro-Glu-Ala-Lys-Leu-Gln-Pro-Arg

Theoretical MW: 1642.7      Found: 1642.7

Solubility in water:      0.9 mg/ml

Purity by HPLC analysis: 95.0%

The peptide was administered to rats as described above in Example 1. The results were as follows:

<u>Compound</u>	<u>GH ng/ml</u>
Solvent control	10.11 ± 1.6
Ghrelin (human)	140 ± 15
Peptide of Example 2	7.00 ± 3.5

Again the inventive peptide is seen to antagonize the effect of the ghrelins by significantly reducing GH release to a level that is below that of the control.

### Example 3

By the same method of Example 1, the following peptide was prepared:

~~Gly-Ser-Ser(Octanoyl)-Phe~~

Theoretical MW: 522.4      Found: 522.4

Solubility in water:      insoluble

Purity by HPLC analysis: 95.6%

The peptide was administered to rats as described above in Example 1.  
The results were as follows:

<u>Compound</u>	<u>GH ng/ml</u>
Solvent control	10.1 ± 1.6
Ghrelin (human)	139.8 ± 15.4
Peptide of Example 3	7.7 ± 1.1

Yet again the inventive peptide antagonizes the effect of the ghrelins by significantly reducing GH release to a level that is below that of the control.